

HealthPro News

A monthly publication for participating HMSA health care providers, facilities, and their staff.

March 2019

ADMINISTRATION & NEWS



QUEST Integration Enrollment Requirement

To help improve fraud prevention, the state Medicaid agency, Department of Human Services Med-QUEST Division (MQD), is now required to perform more-comprehensive screening, credentialing, and enrollment practices for Hawaii Medicaid providers. If you're a Medicaid provider, we may be calling you soon if you haven't reapplied to MQD.

To remain eligible for Medicaid reimbursement, providers must complete and submit to MQD the Medicaid Provider Application/Change Request Form (DHS 1139) once every five years. Even providers who have an active HMSA QUEST Integration contract may have their future payments suspended or denied if they don't submit the DHS 1139 form to MQD. You may download the form and instructions from the MQD website at medquest.hawaii.gov/en/plans-providers/become-a-medicare-provider.html.

HMSA staff may be contacting network QUEST Integration providers who haven't submitted a completed DHS 1139 form. It's recommended that you make your best effort to complete the form and mail it as soon as possible to:

Med-QUEST Division
Health Care Services Branch
Provider Enrollment
601 Kamokila Blvd., Room 506A
Kapolei, HI 96707

To contact MQD, call 692-8099 on Oahu or email hcsbinquiries@dhs.hawaii.gov.

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PCP Recommendation for Rehab Therapy

eviCore healthcare helps us manage outpatient physical and occupational therapy and chiropractic services. eviCore's clinical peer reviewers consider requests for care based on the information you submit on the treatment plan form. The form allows you to report information based on each patient's primary condition.

If your patient's primary care provider (PCP) recommends a certain number of therapy sessions when referring the patient, you may report that information in the comments section of the form. eviCore's clinical peer reviewers will consider the PCP's recommendation in their decision.

CONTRACT NOTIFICATION



Significant Changes for Medical Policies Requiring 90-day Notice

The following policies have undergone significant changes and go into effect July 1, 2019:

- Preventive Health Guidelines—Men.
- Preventive Health Guidelines—Newborns and Children.
- Preventive Health Guidelines—Prenatal Care.
- Preventive Health Guidelines—Women.

To best understand the changes in context, please see the Provider Resource Center.



Notice for Medical Specialty Drug Policy Changes

The following policy was updated and is effective June 1, 2019:

- Growth Hormone (Genotropin[somatropin], Humatrope [somatropin], Norditropin [somatropin], Nutropin/Nutropin AQ [somatropin], Omnitrope [somatropin], Saizen [somatropin], Zomacton [somatropin], Zorbtive [somatropin]):
 - o Added exclusion language for in-vitro fertilization use.

Updated medical specialty drug policies are posted online for your review. Please visit info.caremark.com/hmsapolicies for updates to policies that may affect your practice.



MAC Changes

The following maximum allowable charge (MAC) will take effect April 1, 2019:

Procedure	Description	PPO/HMO MAC
S0126	Injection, follitropin alpha, 75 IU (Gonal-F)	\$176.24

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PROGRAMS



EPSDT Care Coordination Referral

If you have an HMSA QUEST Integration patient younger than 21 years of age who may benefit from care coordination, you can indicate this on your Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) form.

In the Care Coordination Assistance Needed section of the form, let us know if the patient needs help with things like managing a medical condition or medications, obtaining specialty services, or keeping appointments. Please be sure to include the patient's current phone number.

If you indicate that care coordination is needed, our staff will call your office to confirm the details and will refer the request for help to the appropriate area.

POLICY NEWS



Annual Review of Medical Policies

The following policy has been reviewed and updated in the Provider E-Library at hmsa.com/prc0006; printed copies are available on request.

Effective January 25, 2019:

- Applied Behavior Analysis Therapy for Treatment of Autism Spectrum Disorder.



New Medical Policies

The following policy went into effect January 25, 2019:

- Air Ambulance Services.

The following policy goes into effect April 1, 2019:

- Hip, Knee, and Shoulder Surgery.

Please refer to the current medical policies online for more information, including precertification requirements, at hmsa.com/prc0006.



Notice for Specialty Drug Policy Changes

The following policy was updated and became effective January 15, 2019:

- Hepatitis C (Direct Acting Antiviral Medications for Treatment of Hepatitis C)—QUEST Integration:
 - o No F score required.

The updated specialty policy is available at hmsa.com/portal/provider/zav_pel.aa.DIR.505.htm.



Codes that Don't Meet Payment Determination Criteria

The following codes will be added to the list of codes that don't meet payment determination criteria:

81443, A6460, A6461, B4105, G2000, J3304, L8608, L8701, L8702, Q4183, Q4184, Q4185, Q4187, Q4188, Q4189, Q4190, Q4191, Q4192, Q4193, Q4194, Q4195, Q4196, Q4197, Q4198, Q4200, Q4201, Q4202, Q4203, Q4204, T4545

For a complete list of codes that don't meet payment determination criteria, see hmsa.com/prc0047.



Claim Documentation Requirements

The following codes will soon require documentation:

20979, A4563, A9513, E0467, J0841, J3398, J3591

For a complete list of codes that require documentation, see hmsa.com/prc0048.

Medical policies are in the Provider E-Library at hmsa.com/prc0004. To request copies or to ask questions, call Provider Services at 948-6330 on Oahu or 1 (800) 790-4672 toll-free on the Neighbor Islands.

More policy changes are listed in the Contract Notification section of this newsletter.

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CALENDAR



Health Education Workshops

The following workshops are available to HMSA members at no cost. These informative sessions can help your patients improve their health and well-being. Non-HMSA members may attend if space is available.

For more information, refer your patients to hmsa.com/well-being/workshops or have them call 1 (855) 329-5461, option 1, toll-free to register at least three days before the workshop.

HAWAII ISLAND

Hypertension Explained

High blood pressure is one of today's major threats to physical health. Learn the effects of high blood pressure on your body and how to manage it.

- 3/5, 10–11 a.m.
HMSA Center @ Hilo

Meditation

Boost your emotional health and overall well-being with this quiet and restorative workshop. You'll learn five simple meditation techniques through visualization, affirmation, mindfulness, sound, and fragrance to help you find the best way to relax.

- 3/16, 10–11 a.m.
HMSA Center @ Hilo
- 3/29, 10–11 a.m.
HMSA Kailua-Kona Office

MAUI

Men's Health

This workshop encourages men to take advantage of routine physical checkups and recommended health screenings by increasing awareness of men's health issues. We also focus on healthy lifestyles, good self-care practices, and the importance of a strong doctor-patient partnership.

- 3/22, 10–11 a.m.
HMSA Center @ Kahului

Sweet Dreams

A good night's sleep matters more than most people realize. Studies have shown many links between sleep deprivation, weight gain, and other health conditions. In this workshop, you'll learn how much sleep you need, why you need it, and how to get more (and better) sleep.

- 3/11, 10–11 a.m.
HMSA Center @ Kahului

Women's Health

This workshop will explain the most important health screenings for women based on the latest U.S. Preventive Services Task Force findings. There will also be a discussion about good self-care practices and enhancing partnerships with your doctors that focus on disease prevention and overall wellness.

- 3/1, 10–11 a.m.
HMSA Center @ Kahului

OAHU

Diabetes 101

In this workshop, you'll learn the basic facts, risk factors, and possible complications related to diabetes. We'll also discuss lifestyle behaviors that can help improve blood glucose levels. Activities include a diabetes true/false quiz and diabetes risk test.

- 3/21, 12:15–1:15 p.m.
YMCA Mililani

Digestive Health

Nothing grabs our attention like a tummy ache. Discover that the way to a loved one's heart really is through the stomach and what you can do to help your tummy stay well and pain-free.

- 3/15, 10–11 a.m.
HMSA Center @ Pearl City

Supermarketing

Learn how to read nutrition labels so you can save time and make healthier choices at the grocery store.

- 3/12, 10–11 a.m.
HMSA Center @ Pearl City



Community Activities

Adult Fitness at Queen's: Learn body shaping, tai chi, kickboxing, chair yoga, and more. Times and instructors vary. The Queen's Medical Center, Women's Health Center Classroom. Six classes for \$66. Call 691-7117 for details and to register.

Big Island Ostomy Group: March 16, 11:30 a.m.–12:30 p.m. Hilo Medical Center Cafeteria. A support group for ostomates, pre-ostomy patients, caregivers, medical professionals, and the public. Free. Sandy Wright, 339-7640.

Colon Health: March 6. Queen's Medical Center West Oahu. A health fair on colon cancer awareness and prevention with information, games, and prizes. 691-8984.

COPD Support Group: March 12, 10 a.m.–noon. Pali Momi Women's Center, Aiea. A support group for people with chronic obstructive pulmonary disease (COPD) and their caregivers, health care providers, and the public. The group is moderated by a respiratory therapist and a lung health educator and features guest speakers on lung health and related topics. Materials and light refreshments are provided free of charge. Valerie Chang, 699-9839.

Farmers Market at HMSA: Every Friday, 11 a.m.–2 p.m. HMSA Center @ Honolulu. Fresh island-grown produce and ready-to-eat local food. For information on vendors, call HMSA at 948-6521.

Health & Education at Queen's: The Queen's Medical Center, Women's Health Center Classroom.

- **Lymphedema/Breast Cancer Clinic:** Learn exercises to prevent lymphedema (swelling of the arms). Free. 691-7633.
- **Mammogram and Cervical Cancer Screening:** Every other Friday, 8 a.m.–noon. Free for women ages 50–64, uninsured or underinsured, or low income. 691-7726.

Parkinson's Bike Exercise Group: Every Sunday, 9–10 a.m. Lagoon Drive Parking Lot, Honolulu. The Parkinson's Bike Exercise Group is led by Richard A. Weinstein, diagnosed with PD in 2015. It's open to anyone living with PD who would like to build strength and confidence through a weekly bike ride. Family members and caregivers are welcome.

Sjögren's and Lupus Education Event: March 2, 9 a.m.–3 p.m. Wilcox Medical Center, Lihue. Learn how to live healthy and take care of yourself when you're living with an autoimmune disease. Registration and lunch is \$10. Register at slfhawaii.org.

Walk on the Wild Side: March 23, 11 a.m.–4 p.m. Fort Street Mall, Honolulu. Hosted by the National Kidney Foundation of Hawaii. Bring your friends and family down for a full day of live entertainment, arts and crafts, ono food, keiki activities, lion dancers, taiko drummers, vision and health screenings, performances at the Hawaii Theatre, a historic mystery walk, and more. Free. 589-5967.

Walk with a Doc Oahu: Every Saturday, 8 a.m. Patsy T. Mink Central Oahu Regional Park, Waipahu. Join the group for a health tip by a physician and warmup. Then, walk at your own pace for 45 minutes and cool down. Water and light refreshments are provided. Strollers and dogs on leash are welcome. New participants are asked to arrive by 7:45 a.m. 677-9988 or walkwithadoc.org.

Walk with a Doc on Hawaii Island: Every Sunday, 8 a.m. Liliuokalani Gardens, Hilo. Walk includes a brief warm-up/stretch and an informative talk from a community physician or medical student. Meets rain or shine. craig@hilointernalmedicine.com or wwadbigisland.org.

World Kidney Day: March 14, 5–7 p.m. Ala Moana Center, Honolulu. March is National Kidney Month. In celebration, the National Kidney Foundation of Hawaii will sponsor music by a local high school, giveaways, information about healthy eating and kidney wellness, a general health screening, and more. Bring your family and friends. Free. 589-5967 or karwin@kidneyhi.org.