

HealthPro News

A monthly publication for participating HMSA health care providers, facilities, and their staff.

June 2019

ADMINISTRATION & NEWS



Updated eGFR Equation

In 2019, Diagnostic Laboratory Services (DLS) and Clinical Labs of Hawaii (CLH) updated the eGFR equation used to estimate kidney function.

In 2005, DLS and CLH added eGFR to the lab report. The equation was based on the patient's blood creatinine level, age, and gender. It was published in 2002 by researchers who studied adults with moderate to severe loss of kidney function. They excluded adults with normal or early loss of kidney function, diabetes, advanced age, and other factors, so the equation was less accurate if remaining kidney function was above 60%. If the eGFR was above 60 using that equation, it was reported as > 60, without further detail.

DLS and CLH now use the Chronic Kidney Disease-Epidemiology (CKD-EPI) equation published more recently by the same group of researchers after expanding the study population to include people with normal or early loss of kidney function, advanced age, diabetes, etc. The CKD-EPI eGFR was validated as a reasonable estimate of kidney function in a broader population, even if kidney function is near normal. For that reason, the CKD-EPI eGFR is calculated and reported for all adults.

Using the CKD-EPI equation, if a patient's eGFR is > 90, it's categorized as "normal." If the eGFR is < 90, the report may highlight the result categorized as "low." These are general automated interpretations; it's best to determine the acceptable/normal eGFR for each patient.

Natural healthy aging is associated with a decrease in kidney function of up to 1% per year after age 40. To better understand what that means for your patients, subtract their age from 140 and that would be an acceptable eGFR for their age. For example, if a patient is 100 years old, an acceptable eGFR is 40 or higher (140-100=40).

Any patient interested in learning more about kidneys and the body can attend Aloha Kidney, a free series of classes taught by a retired kidney specialist. For more information, contact Aloha Kidney at alohakidney.com or call 585-8404 on Oahu.

What's Inside

Contract Notification
3

Coding and Claims
4

Pharmacy
4

Policy News
5

Calendar
7

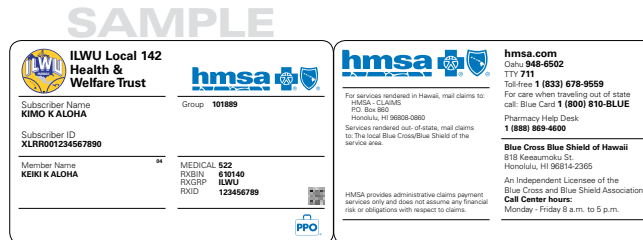




HMSA Welcomes ILWU members

On July 1, HMSA will start administering the ACA grandfathered comprehensive medical plan for hotel workers in the International Longshore & Warehouse Union (ILWU). This represents about 3,300 hotel workers and more than 7,000 new members.

The membership cards for the ILWU will look a little different from cards for other members. Here's a sample:



Some key plan differences for ILWU are:

- Default workers: ILWU employees who have ID cards but haven't completed enrollment won't receive benefits until they complete enrollment. Providers can use HHIN to view if patients are ILWU default workers.
- Recovery for retroactive terminations: ILWU has directed HMSA to recover claims when the retroactive termination is processed within 60 days of the termination date (\$50 minimum).
- Coordination of Benefits: When ILWU is determined to be secondary to other plans, no secondary benefits will be processed. Exception is for end-stage renal disease (ESRD). ILWU workers at the Alohilani property will follow HMSA's standard Coordination of Benefits.

The coverage codes for this plan are:

- 522 for non-COB, which is ILWU workers at all properties except Alohilani.
- 523 for COB, which is only Alohilani at this time.

Details on differences in benefits and services can be found at in the Provider Resource Center at hmsa.com/portal/PROVIDER/zav_pel_aa.ILWU.100.htm.



QUEST Enrollment Requirement

To improve fraud prevention, the state Medicaid agency, Department of Human Services Med-QUEST Division (MQD), is now required to perform more comprehensive screening, credentialing, and enrollment for all Hawaii Medicaid providers.

To remain eligible for Medicaid reimbursement, providers **must** complete and submit the Medicaid Provider Application/Change Request Form, also called the DHS 1139, to MQD once every five years. Even providers who have an active HMSA QUEST Integration contract may have future payments suspended or denied if they don't submit the DHS 1139 form to MQD.

Providers may download the form and instructions from the MQD website at <https://medquest.hawaii.gov/en/plans-providers/become-a-medicare-provider.html>.

To contact MQD, call 692-8099 on Oahu or email hcsbinquiries@dhs.hawaii.gov. HMSA staff may be contacting unregistered QUEST network providers. It's recommended that you make your best effort to complete the 1139 application and mail it as soon as possible to:

Med-QUEST Division
Health Care Services Branch
Provider Enrollment
601 Kamokila Blvd., Room 506A
Kapolei, HI 96707

Providers who don't submit their 1139 and complete enrollment/re-enrollment with MQD by August 1, 2019, may have their payments suspended or denied, and their status as a contracted network provider terminated, until enrollment is complete.

CONTRACT NOTIFICATION



New Medical Policy

The following policy goes into effect September 1, 2019:

- Vagus Nerve Stimulation.

Please refer to the current medical policies online for more information, including precertification requirements, at hmsa.com/prc0006.



Significant Changes for Medical Policies Requiring 90-day Notice

The following policy has undergone significant changes and goes into effect July 1, 2019:

- Spinal Interventional Pain Management and Spine Surgery.

The following policies have undergone significant changes and go into effect September 1, 2019:

- Assays of Genetic Expression in Tumor Tissue as a Technique to Determine Prognosis in Patients with Breast Cancer.
- Reduction Mammoplasty for Breast-related Symptoms.

For details on the changes, please see the Provider Resource Center.

CODING & CLAIMS



Immunization Administration Codes Billing

- Effective September 1, 2019, administration add-on code 90461, 90472, and 90474 will be denied when billed without an initial administration code (90460, 90471, 90473), on the same claim or a history claim, with the same date of service, and by same provider for professional claims.
- Per AMA CPT 2019 Professional codebook guidelines, initial immunization administration procedure codes 90471 and 90473 should not be reported together at one patient encounter. For multiple vaccine administrations, report one initial administration with appropriate add-on administration codes. See below for a billing example:

Multiple vaccines in one visit	Administration codes for this visit
90670: Pneumococcal conjugate vaccine, 13 valent (PCV13), for intramuscular use	90471 – Immunization administration
90723: Diphtheria, tetanus toxoids, and acellular pertussis vaccine (DTaP)-Hepatitis B vaccine (Hep B)- Poliovirus vaccine, inactivated (IPV) vaccine for intramuscular use	90472 – Immunization administration for each additional
90680: Rotavirus (RV5) vaccine, 3-dose schedule, live, oral	90474 – Immunization administration for each additional oral or nasal

PHARMACY



Real-time Benefits

HMSA's pharmacy benefits manager, CVS Health®, has launched a new tool that makes real-time, member-specific benefit information available to providers across multiple points of care, from the doctor's office to the pharmacy. This tool provides greater drug price transparency and comparisons with lower-cost alternatives, making prescription drugs more affordable for our members.

When physicians prescribe a medication, the tool will show therapeutically equivalent alternatives on the patient's formulary and the out-of-pocket cost. Or when a pharmacist receives a prescription, the pharmacist will see alternatives to the prescription. The pharmacist can contact the physician to suggest a lower-cost alternative that's a benefit of the patient's plan.

With this real-time benefit information, patients can get their medications faster and avoid delays to starting therapy. Inclusion of the tool into electronic medical record (EMR) systems is underway. To find out when it will be available on your system, ask your EMR vendor.

For more information, go to payorsolutions.cvshealth.com/insights/actionable-and-real-time.

CVS Health® is an independent company providing pharmacy benefit management services through CVS Caremark on behalf of HMSA.



Annual Review of Medical Specialty Drug Policies

The February 2019 HealthPro News included information on the Flolan-Veletri and Remodulin policy. However, the policy is still under review. Please disregard the 90-day provider notification.



April Newsletter Correction

The April 2019 *HealthPro News* had drug tables with incorrect Utilization Management information. The updated table is below. Highlighted Quantity Limits (QL) do not apply to the medications listed. The following medications will be added July 1, 2019 without QL.

Specialty Drugs

Medication/Strength	Drug class	Utilization Management Description	Change/Criteria
Mulpleta Tab 3mg	Hematopoietic Growth Factors	PA, QL	Formulary Addition Quantity Limit: 7 per 14 days
Sensipar Tab 60mg	Hyperparathyroid Treatment, Calcium Analogs	PA, QL	Formulary Addition Quantity Limit: 60 per 30 days
Sensipar Tab 90mg	Hyperparathyroid Treatment, Calcium Analogs	PA, QL	Formulary Addition Quantity Limit: 120 per 30 days
Sensipar Tab 30mg	Hyperparathyroid Treatment, Calcium Analogs	PA	Formulary Addition
Xolair Inj 150mg/ML	Severe Asthma Agents	PA, QL	Formulary Addition Quantity Limit: 4 syringes per 28 days
Xolair Inj 75mg/0.5ml	Severe Asthma Agents	PA, QL	Formulary Addition Quantity Limit: 2 syringes per 28 days

POLICY NEWS



Annual Review of Medical Policies

The following policies have undergone review and have been updated in the Provider E-Library at hmsa.com/prc0006; printed copies are available on request.

Effective April 26, 2019:

- Bariatric Surgery.
- Blepharoplasty and Repair of Blepharoptosis.
- Home Health Care.
- Panniculectomy/Abdominoplasty.
- Transcatheter Closure of Patent Foramen Ovale for Stroke Prevention.
- Zevalin.



Removal of Precertification Requirement for a Medical Specialty Drug Policy

The following policy has undergone review and will no longer require precertification as of September 1, 2019:

- Probuphine.



Archived Policies

Archived policies are inactive and aren't updated. These policies will no longer be used when reviewing requests for coverage and these services won't require precertification. The following policy is housed in the archived policy section at hmsa.com/prc0031.

- Transcutaneous Electrical Nerve Stimulation (TENS).

Medical policies are in the Provider E-Library at hmsa.com/prc0004. To request copies or to ask questions, call Provider Services at 948-6330 on Oahu or 1 (800) 790-4672 toll-free on the Neighbor Islands.

More policy changes are listed in the Contract Notification section of this newsletter.

CALENDAR



Health Education Workshops

The following workshops are available to HMSA members at no cost. These informative sessions can help your patients improve their health and well-being. Non-HMSA members may attend if space is available.

For more information, refer your patients to hmsa.com/well-being/workshops or have them call 1 (855) 329-5461, option 1, toll-free to register at least three days before the workshop.

HAWAII ISLAND

Mind Your Muscles

Discover ways to incorporate strength training into your exercise routine.

- 6/1, 10–11 a.m.
HMSA Center @ Hilo

Re | Think

Retrain your brain to think positive thoughts and improve your well-being.

- 6/6, 10–11 a.m.
HMSA Kailua-Kona Office

MAUI

Re | Think

Retrain your brain to think positive thoughts and improve your well-being.

- 6/27, 10–11 a.m.
HMSA Center @ Kahului

OAHU

Men's Health

This workshop aims to encourage men to take advantage of routine physical checkups and recommended health screenings by increasing awareness of men's health issues. In addition, we focus on healthy lifestyles, good self-care practices, and the importance of a strong doctor-patient partnership.

- 6/20, 12:15–1:15 p.m.
Mililani YMCA

Mind Your Muscles

Discover ways to incorporate strength training into your exercise routine.

- 6/15, 10–11 a.m.
HMSA Center @ Pearl City

Re | Think

Retrain your brain to think positive thoughts and improve your well-being.

- 6/7, 10–11 a.m.
HMSA Center @ Honolulu



Community Activities

Hawaii Island

Walk with a Doc on Hawaii Island: Every Sunday, 8 a.m. Liliuokalani Gardens, Hilo. Walk includes a brief warm-up/stretch and an informative talk from a community physician or medical student. Meets rain or shine. craig@hilointernalmedicine.com or wwadbigisland.org.

Maui

da Kidney da Kine Health Screening: June 1, 9 a.m.–noon. Queen Kaahumanu Center, Kahului. Those 18 years and older can participate in the health fair and receive a free wellness screening. The screening includes blood pressure reading, blood draw for comprehensive review of A1c (glucose), lipids and GFR (kidney function), urine sample to further assess kidney function, and follow-up discussion with a clinician. You can also engage with local organizations, get your health questions answered, and visit our dietitian for healthy eating tips. Free. 589-5905.

Oahu

Adult Fitness at Queen's: Learn body shaping, tai chi, kickboxing, chair yoga, and more. Times and instructors vary. The Queen's Medical Center, Women's Health Center Classroom. Six classes for \$66. Call 691-7117 for details and to register.

Autoimmune Disease Support Group: June 22, 11 a.m.–1 p.m. MOA Wellness Center, Honolulu. Education and support for people with an autoimmune disease. Family, friends, loved ones, and those interested in learning more are welcome. Free. slfhawaii.com or melaca@slfhawaii.com.

Breast Cancer Education and Support Group: June 27, 11 a.m.–noon. Kuakini Medical Center, Honolulu. Excellent care coordination helps improve the delivery of cancer care. Dr. Izumi Okado of the UH Cancer Center recruited participants to provide feedback about their cancer care coordination such as appointments, follow up, treatments, and support. She'll share the results of the study. Free. RSVP requested. 547-9594 or 547-9252.

Cancer Survivorship Celebration: June 24, 10 a.m.–noon. Queen's Medical Center Conference Center, Honolulu. A celebration of life for cancer survivors and their caregivers. 691-8984.

Farmers Market at HMSA: Every Friday, 11 a.m.–2 p.m. HMSA Center @ Honolulu. Fresh island-grown produce and ready-to-eat local food. For information on vendors, call HMSA at 948-6521.

Health & Education at Queen's: The Queen's Medical Center, Women's Health Center Classroom.

- **Lymphedema/Breast Cancer Clinic:** Learn exercises to prevent lymphedema (swelling of the arms). Free. 691-7633.
- **Mammogram and Cervical Cancer Screening:** Every other Friday, 8 a.m.–noon. Free for women ages 50–64, uninsured or underinsured, or low income. 691-7726.

Parkinson's Bike Exercise Group: Every Sunday, 9–10 a.m. Lagoon Drive Parking Lot, Honolulu. The Parkinson's Bike Exercise Group is led by Richard A. Weinstein, diagnosed with PD in 2015. It's open to anyone living with PD who would like to build strength and confidence through a weekly bike ride. Family members and caregivers are welcome.

Walk with a Doc Oahu: Every Saturday, 8 a.m. Patsy T. Mink Central Oahu Regional Park, Waipahu. Join the group for a health tip by a physician and warmup. Then, walk at your own pace for 45 minutes and cool down. Water and light refreshments are provided. Strollers and dogs on their leash are welcome. New participants are asked to arrive by 7:45 a.m. Free. 677-9988 or walkwithadoc.org.

Walk with a Future Doc: June 23, 9–10 a.m. Kakaako Parking Lot. Hosted by medical students at the John A. Burns School of Medicine. Open to all ages and fitness. There's a new health tip at every walk, stretching, walking, cool down, fresh fruits, and great fellowship. Free. 677-9988 or walkwithadoc.org.