

HealthPro News

A monthly publication for participating HMSA health care providers, facilities, and their staff.

September 2019

ADMINISTRATION & NEWS



Open Enrollment

It's almost time for open enrollment. Your patients who are HMSA members can continue to see you by staying with their HMSA plan or adjusting their plan to best fit their health care and budget needs. Nonmembers can switch to an HMSA plan for 2020 during this period and remain under your care. HMSA has plans for your patients no matter what stage of life they're in, from starting a family to preparing for retirement.

Some of your patients will have open enrollment starting next month:

- EUTF retiree open enrollment is Oct. 14–Nov. 1.
- Group plan open enrollment dates vary throughout the fall.
- Medicare Advantage open enrollment is Oct. 15–Dec. 7.
- QUEST Integration open enrollment is Oct. 1–31.

If your patients ask about making a plan change in the upcoming months, please remind them that by choosing HMSA they can keep you as their provider.

We can help your patients learn more about the upcoming open enrollment, compare plans, and find the plan that's right for them and their family. They can:

- Go to hmsa.com.
- Call us at 948-6079 on Oahu or 1 (800) 776-4672 toll-free on the Neighbor Islands, Monday through Friday, 8 a.m. to 5 p.m.
- Visit an HMSA Center or office.

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Behavioral Health Appointment Availability

We want to ensure that your patients can see behavioral health providers when they need to.

To help you reach your quality score goals, we've contracted with SPH Analytics to conduct a behavioral health provider survey this month. If SPH Analytics calls your office, please participate in the short phone survey.

Your participation in this survey is greatly appreciated and will show us that your patients have good access to care. If there are areas where we can help you and your patients, we can easily identify them and focus our efforts on helping your practice flourish.

Here are the things we want to make sure your patients have access to:

- Non-life-threatening emergencies within six hours.
- Urgent care appointments within 48 hours.
- Initial routine care appointments within 10 business days.
- Follow-up routine care appointments within 10 business days.
- Follow-up within seven calendar days after a hospital discharge.

We'll report the overall results of this survey in a future issue of *HealthPro News*. HMSA is fortunate to have an excellent provider network and we anticipate great survey results. Thank you in advance for participating in this important survey.



Provider Recognition for Anti-depressant Medication

Major depression is a debilitating condition that can seriously impair a person's daily functioning. Treating depression with anti-depressant medications significantly improves a person's functioning and well-being while reducing suicide risk.

HMSA measures the effectiveness of depression management using methods developed by the National Committee for Quality Assurance (NCQA). We'd like to recognize your colleagues in HMSA's network for their high quality of care in the effective treatment of patients with anti-depressant medications.

- Daniel Asimus, M.D.
- Clayton K. Chan, M.D.
- Bettina Haerer, M.D.
- Esther Kawano, M.D.
- Nancy Luckie, M.D.
- John Neuhaus, M.D.
- Clifford Okumoto, M.D.
- Sonia Patel, M.D.
- Tony Trpkovski, M.D.
- Angela Wai, M.D.

CONTRACT NOTIFICATION



MAC Changes

The following maximum allowable charges (MACs) have been established effective Aug. 1, 2019:

| Procedure | Description | New MAC | New HMO MAC | New Specialist MAC | New Specialist HMO/FED MAC |
|-----------|-------------------------------|---------|-------------|--------------------|----------------------------|
| J0584 | Injection, burosumab-twza 1mg | 392.60 | 392.60 | 392.60 | 392.60 |
| J0714 | Ceftazidime and avibactam | 101.34 | 101.34 | 101.34 | 101.34 |
| J9030 | Bcg live intravesical 1mg | 3.16 | 3.16 | 3.16 | 3.16 |
| J9036 | Inj. belrapzo/bendamustine | 26.31 | 26.31 | 26.31 | 26.31 |
| J9262 | Inj, omacetaxine mep, 0.01mg | 3.48 | 3.48 | 3.48 | 3.48 |
| J9356 | Inj. herceptin hylecta, 10mg | 89.89 | 89.89 | 89.89 | 89.89 |
| Q4137 | Amnioexcel biodexcel 1 sq cm | 91.70 | 96.02 | 91.70 | 96.02 |
| Q4145 | Epifix, inj, 1mg | 21.34 | 22.35 | 21.34 | 22.35 |
| Q4151 | Amnioband, guardian 1 sq cm | 173.04 | 181.19 | 173.04 | 181.19 |
| Q4154 | Biovance 1 sq cm | 122.56 | 128.34 | 122.56 | 128.34 |
| Q4160 | Nushield 1 sq cm | 122.69 | 128.47 | 122.69 | 128.47 |
| Q4170 | Cygnus, per sq cm | 76.07 | 79.65 | 76.07 | 79.65 |

The following MACs increased effective Aug. 1, 2019:

| Procedure | Description | New MAC | New HMO MAC | New Specialist MAC | New Specialist HMO/FED MAC |
|-----------|-----------------------------|---------|-------------|--------------------|----------------------------|
| J0698 | Cefotaxime sodium injection | 2.59 | 2.59 | 2.59 | 2.59 |
| J2760 | Phentolaine mesylate inj | 436.07 | 436.07 | 436.07 | 436.07 |
| J9340 | Thiotepa inj | 470.88 | 470.88 | 470.88 | 470.88 |



New Medical Policies

The following policy goes into effect Dec. 1, 2019:

- Noninvasive Techniques for the Evaluation and Monitoring of Patients with Chronic Liver Disease.

Please refer to the current medical policies online for more information, including precertification requirements, at hmsa.com/prc0006.



Significant Changes for Medical Policies Requiring 90-day Notice

The following policies have undergone significant changes and go into effect Dec. 1, 2019:

- Dietetic Treatment of Eating Disorders.
- Negative Pressure Wound Therapy (NPWT).
- Repetitive Transcranial Magnetic Stimulation for Treatment Refractory Depression.
- Treatment for Hyperhidrosis.

For details on the changes, please see the Provider Resource Center.



Non-ABD fees

QUEST Integration Non-ABD (Aged, Blind, and Disabled) fees for APRN, physician assistant, and midwife specialties are listed on the Hawaii Healthcare Information Network (HHIN) for services effective Oct. 1, 2019.

CODING & CLAIMS



Vision Services

To prevent unnecessary costs to your patients, we're reminding vision providers to perform vision services and dispense eyewear according to your patients' plan documents, federal and state law, and HMSA policies and procedures.

Payments for vision care services and eyewear will only be made when services are provided in connection with an eye examination to correct a visual defect and when frames or lenses are required as a result. For opticians and any provider dispensing eyewear, a valid prescription is required and must be kept as part of the medical record to support the billing of eye appliances.

POLICY NEWS



Annual Review of Medical Policies

The following policies have been reviewed and updated in the Provider E-Library at hmsa.com/prc0006; printed copies are available on request.

Effective July 26, 2019:

- Colonoscopy.
- Endovascular Procedures for Intracranial Arterial Disease (Atherosclerosis and Aneurysms).
- Esophageal pH Monitoring.
- Habilitative Services.
- Intensity Modulated Radiation Therapy (IMRT).
- Kyphoplasty and Vertebroplasty.
- Manipulation Treatments.
- Occupational Therapy.
- Real-Time Intra-Fraction Motion Management During Radiation Therapy.
- Speech Therapy Services/Rehabilitation.

Medical policies are in the Provider E-Library at hmsa.com/prc0004. To request copies or to ask questions, call Provider Services at 948-6330 on Oahu or 1 (800) 790-4672 toll-free on the Neighbor Islands.

More policy changes are listed in the Contract Notification section of this newsletter.

CALENDAR



Health Education Workshops

If you have patients who are HMSA members, the following workshops are available at no cost. These informative sessions can help your patients improve their health and well-being. Non-HMSA members may attend if space is available.

For more information, refer your patients to hmsa.com/well-being/workshops or have them call 1 (855) 329-5461, option 1, toll-free to register at least three days before the workshop.

HAWAII ISLAND

Goodbye Diet! Hello Health!

Reach your weight-loss goals with good nutrition, regular exercise, and other healthy behaviors.

- Sept. 21, 10–11 a.m.
HMSA Center @ Hilo

Sweet Dreams

Find out how much sleep you need and how to get better sleep.

- Sept. 7, 10–11 a.m.
HMSA Center @ Hilo

KAUAI

Sweet Dreams

Find out how much sleep you need and how to get better sleep.

- Sept. 11, 5–6 p.m.
Kuhio Medical Center

OAHU

Germ Busters

Find out about common respiratory illnesses and how to treat and prevent them.

- Sept. 19, 12:15–1:15 p.m.
Mililani YMCA

Goodbye Diet! Hello Health!

Reach your weight-loss goals with good nutrition, regular exercise, and other healthy behaviors.

- Sept. 27, 10–11 a.m.
HMSA Center @ Pearl City

Sweet Dreams

Find out how much sleep you need and how to get better sleep.

- Sept. 5, 10–11 a.m.
HMSA Center @ Pearl City
- Sept. 17, 10–11 a.m.
HMSA Center @ Honolulu



Community Activities

Hawaii Island

Walk with a Doc on Hawaii Island: Every Sunday, 8 a.m. Liliuokalani Gardens, Hilo. Walk includes a brief warm-up/stretch and an informative talk from a community physician or medical student. Meets rain or shine. craig@hilointernalmedicine.com or wwadbigisland.org.

Oahu

Adult Fitness at Queen's: Learn body shaping, tai chi, kickboxing, chair yoga, and more. Times and instructors vary. The Queen's Medical Center, Women's Health Center Classroom. Six classes for \$66. Call 691-7117 for details and to register.

Alzheimer's Association Support Groups and Caregiver Education:

- Sept. 7, noon–1 p.m. (caregiver education class)
Wahiawa State Library
- Sept. 9, 7 p.m.
Kilohana UM Church, Room 6, Honolulu
- Sept. 16, 7 p.m.
The Lodge at Wailuna, Recreation Center, Pearl City
- Sept. 17, 5:30 p.m.
Wellness Center, Adventist Health Castle, Kailua
- Sept. 21, 10 a.m.
Kahalu'u United Methodist Church, Kaneohe
- Sept. 25, 6:30 p.m.
Plaza at Mililani
- Sept. 26, 10 a.m.
Central Union Church — Woman's Building, Honolulu
alz.org/hawaii or 518-6651.

COPD Education Day: Sept. 13, 9 a.m.–2 p.m. Queen's Conference Center, Honolulu. Information for patients, caregivers, and the public about chronic obstructive pulmonary disease (COPD). There will be guest speakers, exhibitors, handouts, demonstrations, and more. Validated parking at Queen's POB 1 and 2. Free. hawaicopd.org or 699-9839.

Farmers Market at HMSA: Every Friday, 11 a.m.–2 p.m. HMSA Center @ Honolulu. Fresh island-grown produce and ready-to-eat local food. For information on vendors, call HMSA at 948-6521.

Health & Education at Queen's: The Queen's Medical Center, Women's Health Center Classroom.

- **Lymphedema/Breast Cancer Clinic:** Learn exercises to prevent lymphedema (swelling of the arms). Free. 691-7633.
- **Mammogram and Cervical Cancer Screening:** Every other Friday, 8 a.m.–noon. Free for women ages 50–64, uninsured or underinsured, or low income. 691-7726.

Parkinson's Bike Exercise Group: Every Sunday, 9–10 a.m. Lagoon Drive Parking Lot, Honolulu. The Parkinson's Bike Exercise Group is led by Richard A. Weinstein, diagnosed with PD in 2015. It's open to anyone living with PD who would like to build strength and confidence through a weekly bike ride. Family members and caregivers are welcome.

Walk with a Doc Oahu: Every Saturday, 8 a.m. Patsy T. Mink Central Oahu Regional Park, Waipahu. Join the group for a health tip by a physician and warmup. Then, walk at your own pace for 45 minutes and cool down. Water and light refreshments are provided. Strollers and dogs on their leash are welcome. New participants are asked to arrive by 7:45 a.m. Free. 677-9988 or walkwithadoc.org.

Walk with a Future Doc: Sept. 22, 9–10 a.m. Kakaako Park. Hosted by medical students at the John A. Burns School of Medicine. Open to all ages and fitness. There's a new health tip at every walk, stretching, walking, cool down, fresh fruits, and great fellowship. Free. 677-9988 or walkwithadoc.org.