



## Procedures will soon require preauthorization

September 2015

Dear Provider,

Periodically, we evaluate our utilization management programs to ensure quality care. Based on a recent analysis, we'll soon require preauthorization for certain procedures. This change will improve the quality of care for our members and lower costs by reducing the number of unnecessary procedures.

Starting December 1, 2015, outpatient MR, CT, PET, and certain cardiac-related procedures will require preauthorization. This will help minimize radiation exposure and ensures that the most efficient and least-invasive testing options are used.

National Imaging Associates, Inc. (NIA) will continue to use evidence-based clinical guidelines to support options for patients. NIA will offer immediate authorizations, faster claims processing, consultations, on-site/local training and education, and peer-to-peer reviews when appropriate.

<p>Current waivers from preauthorization for the services listed here will end on November 30, 2015. Effective December 1, the following outpatient imaging procedures will require preauthorization:</p> <ul style="list-style-type: none"><li>• CT/CTA.</li><li>• MRI/MRA/MRS.</li><li>• PET scan.</li><li>• Myocardial perfusion imaging (MPI).</li><li>• CCTA.</li></ul>	<p>Also effective December 1, the following cardiac-related procedures will require preauthorization:</p> <ul style="list-style-type: none"><li>• Stress echocardiography.</li><li>• Implantable cardiac devices.</li><li>• Cardiac catheterization.</li></ul>
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The NIA Call Center will be available as of Monday, November 23, 2015, for preauthorization requests. Refer to the NIA website, [niahealthcare.com](http://niahealthcare.com), for information on HMSA/NIA Magellan Billable CPT Codes Claim Resolution or to obtain the Utilization Review Matrix for all CPT-4 codes managed on behalf of HMSA.

1200-3676 PS

We'd be happy to discuss these changes with you if you have any questions. Email us at [PSInquiries@hmsa.com](mailto:PSInquiries@hmsa.com) or call 948-6820 on Oahu or 1 (877) 304-4672 toll-free on the Neighbor Islands.

Thank you for participating with HMSA and helping to ensure that your patients receive high quality, cost-effective care.

Sincerely,

A handwritten signature in black ink, appearing to read 'J. Marc Rosen', with a stylized flourish at the end.

J. Marc Rosen, M.D.  
Vice President  
Medical Management