

# HealthPro News

A monthly publication for participating HMSA health care providers, facilities, and their staff.

June 2018

## ADMINISTRATION & NEWS



### Professional and Vocational License Renewal

Please take a moment to check the expiration date on your state license. We encourage you to renew your license as soon as possible since it may take time to complete the process. We've been advised that there's a time lag between renewing a license and posting the renewal on the state's licensing website, which we reference for current licensure.

This request is especially important for massage therapists and psychologists whose licenses expire on June 30, 2018.

If we can't confirm that your personal state license has been renewed, we must terminate your HMSA credentialing status. As a result, we won't be able to pay you, your facility, or HMSA members for services rendered after your license expires.

For license renewal questions, please call the Department of Commerce and Consumer Affairs, Professional and Vocational Licensing division, at 586-3000 on Oahu. If you have any other questions, please call our Credentialing Unit at 948-5925 on Oahu or 1 (800) 603-4672, ext. 5925, toll-free on the Neighbor Islands.



### Medicaid Provider Enrollment

To help improve fraud prevention, the state Medicaid agency, Department of Human Services Med-QUEST Division (MQD), is now required to perform more-comprehensive screening, credentialing, and enrollment practices for Hawaii Medicaid providers.

To remain eligible for Medicaid reimbursement, providers must complete and submit to MQD the Medicaid Provider Application/Change Request Form (DHS 1139) once every five years. Even providers who have an active HMSA QUEST Integration contract may have their future payments suspended or denied if they don't submit the DHS 1139 form to MQD.

Mail the DHS 1139 form and any information that MQD requests to:

Med-QUEST Division  
Health Care Services Branch  
Provider Enrollment  
601 Kamokila Blvd., Room 506A  
Kapolei, HI 96707

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Submit your DHS 1139 form by mail. Don't email or fax it or any other information unless MQD personnel request it. Keep a copy of your form and anything else you send to MQD in case a copy is requested at a later date.

MQD will contact you if there are any issues with your form.

The DHS 1139 form and instructions may be downloaded from the MQD website at [medquest.hawaii.gov/en/plans-providers/become-a-medicare-provider.html](http://medquest.hawaii.gov/en/plans-providers/become-a-medicare-provider.html). To contact MQD, call 692-8099 on Oahu or email [hcsbinquiries@dhs.hawaii.gov](mailto:hcsbinquiries@dhs.hawaii.gov).

## CONTRACT NOTIFICATION



### MAC Changes

The following maximum allowable charge (MAC) was effective February 21, 2018:

Procedure	Description	New MAC
90739	Hepatitis B vaccine, adult dosage (2-dose schedule), for intramuscular use	\$124.20



### Significant Changes for Medical Policies Requiring 90-day Notice

The following policies have undergone significant changes and go into effect September 1, 2018:

- Real-Time Intra-Fraction Motion Management During Radiation Therapy. Deep Breath Inspiration will now be covered for left breast cancer. Precertification is required.
- Genetic Testing of Inherited Cancer Predisposition. The coverage criteria are now focused on familial cancer syndromes. Precertification is required.



### New Medical Policies

The following policy goes into effect September 1, 2018:

- Drug Testing in Pain Management and Substance Abuse Treatment. This policy outlines when urine testing for detection of opioids and other substances will be covered. It also describes what's not covered.

## CODING & CLAIMS



### Check Your Orders

An internal review of PSA orders found that some physicians may be inadvertently ordering diagnostic PSA tests when only a screening test is needed. This oversight results in inaccurate claims and inappropriate cost shares for members.

When ordering lab tests, remember that screening tests are used to detect an undiagnosed disease, while diagnostic tests are used to manage a diagnosed disease. In general, members incur an out-of-pocket cost for diagnostic tests. However, some plans cover screening tests at no cost as they're covered as a preventive benefit.

The American Urological Association guidelines for PSA screening tests are as follows:

- Below age 40: NOT recommended.
- Ages 40–54 at average risk: NOT recommended.
- Ages 40–54 at higher risk: Individualized decisions based on family history and risk profile.
- Ages 55–69: Providers and patients to discuss and make a decision together.  
For patients who choose a screening, the AUA recommends a screening interval of two years.
- Age 70 or above: NOT recommended.

## PHARMACY



### Opioid Prescribing Practices for Pain Therapy

At its March meeting, the Blue Cross Blue Shield Association (BCBSA) National Council of Physician and Pharmacist Executives (NCPE) adopted a professional standard that opioids shouldn't be prescribed as first or second lines of pain therapy in most clinical situations.

Non-pharmacologic therapy and non-opioid pharmacologic therapy are preferred treatment options for chronic pain. This standard aligns with the recent CDC guidelines and is designed to limit unnecessary harm to our members. The standard isn't intended for members who are in active cancer treatment, palliative care, or end of life care.

Prescribers should consider opioid therapy only if the expected benefits for both pain and function outweigh the risks to the member and if first or second lines of pain therapy have failed. If opioids are used, they should be combined with non-pharmacologic therapy and non-opioid pharmacologic therapy as appropriate.

The opioid epidemic is a complex, far-reaching issue that's impacting communities across the country. It'll take health providers, insurers, community organizations, and all levels of government coming together to find a workable, long-term solution.

## PLANS



### Quality Metrics for Rheumatoid Arthritis

Help HMSA demonstrate the quality care you deliver to HMSA Akamai Advantage® members.

The Centers for Medicare and Medicaid Services (CMS) tracks the use of disease modifying anti-rheumatic drugs (DMARDs) among HMSA Akamai Advantage members diagnosed with rheumatoid arthritis (RA) as part of the Medicare Star Ratings System. HMSA believes that our scores on this measure don't reflect the excellent care that your patients receive from you.

To help, please follow these tips and best practices:

- Refer patients with suspected RA to a rheumatologist for diagnosis and appropriate treatment.
- Accurate coding is essential to keep patients who don't have RA or don't need treatment out of the measure, so:
  - o Avoid coding RA when referring patients for diagnostic laboratory tests.
  - o RA patients who haven't seen a rheumatologist in more than a year or whose disease hasn't progressed may need to be re-evaluated based on current diagnosis guidelines.
  - o If patient is in remission, consider coding history of RA in remission.

For more information on this measure and other Star ratings metrics, see the Star measures guide in the Provider Resource Center at [hmsa.com/portal/provider/zav\\_pel.aa.MED.100.htm](https://hmsa.com/portal/provider/zav_pel.aa.MED.100.htm).

## POLICY NEWS



### Outpatient Therapy Cap Repeal and KX Modifier Use

On February 9, 2018, Congress passed the Bipartisan Budget Act of 2018. This legislation contains a number of provisions that extend certain Medicare policies.

Section 50202 of the act repeals Medicare provisions affecting the outpatient therapy caps retroactive to January 1, 2018. This section requires:

- Medicare claims no longer subject to the therapy cap.
- Lower threshold for medical review.
- Submission of the KX modifier for claims in excess of the prior therapy cap amount for claims with dates of service on and after January 1, 2018. For physical therapy and speech-language pathology combined, the CY 2018 cap is \$2,010. For occupational therapy, the CY 2018 cap is \$2,010.

Medicare Advantage claims must include the KX modifier as confirmation that services are medically necessary and justified with appropriate documentation in the medical record. Services with no modifier submitted will be denied.



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## Annual Review of Medical Policies

The following policies have been reviewed and updated in the Provider E-Library at [hmsa.com/prc0006](https://hmsa.com/prc0006); printed copies are available on request.

Effective April 27, 2018:

- Bariatric Surgery.
- Chiropractic Services.
- Habilitative Services.
- Hematopoietic Cell Transplantation for Hodgkin Lymphoma.
- Hematopoietic cell transplantation for solid tumors of childhood.
- Hematopoietic cell transplantation for Waldenstrom Macroglobulinemia.
- Hematopoietic Cell Transplantation in the Treatment of Germ-Cell Tumors.
- Home Infusion Pain Management Therapy.
- Home Phototherapy for Neonatal Jaundice.
- Manipulation Treatments.
- Photodynamic Therapy for the Treatment of Actinic Keratoses and Other Skin Lesions.
- Transcatheter Closure of Patent Foramen Ovale for Stroke Prevention.
- Transcutaneous Electrical Nerve Stimulation (TENS).



## New Medical Specialty Drug Policies

Drafts of new medical policies are posted online for your review. Please visit [info.caremark.com/hmsapolicies](https://info.caremark.com/hmsapolicies) for drafts of policies that may affect your practice.

- Aliqopa.
- Mylotarg.

Physicians may contact CVS Caremark® for questions or comments by email to [HMSAPAReview@caremark.com](mailto:HMSAPAReview@caremark.com) or by fax to 1 (866) 237-5512 toll-free. Please comment by the due date indicated online.

CVS Caremark® is an independent company providing pharmacy benefit management services on behalf of HMSA.



## Archived Policies

Archived policies are inactive and are not updated. These policies will no longer be used when reviewing requests for coverage and these services won't require precertification. The following policy is housed in the archived policy section at [hmsa.com/prc0031](https://hmsa.com/prc0031).

- Home Phototherapy for Neonatal Jaundice.



## Precertification

These policies now require precertification:

- Genetic Testing of Inherited Cancer Predisposition.
- Real-Time Intra-Fraction Motion Management During Radiation Therapy.

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More policy changes are listed in the Contract Notification section of this newsletter.

## CALENDAR



### Health Education Workshops

The following workshops are available to HMSA members at no cost. These informative sessions can help your patients improve their health and well-being. Non-HMSA members may attend if space is available.

For more information, refer your patients to [hmsa.com/well-being/workshops](http://hmsa.com/well-being/workshops) or have them call 1 (855) 329-5461, option 1, toll-free to register at least three days before the workshop date.

#### HAWAII ISLAND

##### Back to Basics

Learn good posture, safe lifting techniques, and back stretches.

- 6/9, 10–11 a.m.  
HMSA Center @ Hilo
- 6/12, 10:30–11:30 a.m.  
HMSA Kailua-Kona Office

##### Meditation

Boost your emotional health and well-being.

- 6/21, 10–11 a.m.  
HMSA Center @ Hilo

##### Successful Aging Begins with You

Find out how to live a longer and happier life.

- 6/22, 10–11 a.m.  
HMSA Kailua-Kona Office

#### KAUAI

##### Diabetes 101

Learn how to prevent and treat diabetes.

- 6/20, 5–6 p.m.  
Kuhio Medical Center

#### OAHU

##### Back to Basics

Learn good posture, safe lifting techniques, and back stretches.

- 6/5, 4:30–5:30 p.m.  
HMSA Center @ Honolulu
- 6/26, 10–11 a.m.  
HMSA Center @ Pearl City
- 6/28, 9:30–10:30 a.m.  
HMSA Center @ Honolulu
- 6/30, 10–11 a.m.  
HMSA Center @ Pearl City

##### Meditation

Boost your emotional health and well-being.

- 6/15, 10–11 a.m.  
HMSA Center @ Honolulu
- 6/16, 10–11 a.m.  
HMSA Center @ Pearl City
- 6/23, 10–11 a.m.  
HMSA Center @ Honolulu
- 6/28, 10–11 a.m.  
HMSA Center @ Pearl City



## Community Activities

**ADA Adult Support Group:** June 7. Mountain Pacific Quality Health, Honolulu. Free. Call 947-5979 for a list of topics or more information and to RSVP.

**Adult Fitness at Queen's:** Learn body shaping, tai chi, kickboxing, and more. Times and instructors vary. The Queen's Medical Center, Women's Health Center Classroom. Six classes for \$66. Call 691-7117 for details and to register.

**Alzheimer's Association Support Groups:** Information and support for people caring for a loved one with Alzheimer's disease. Groups meet on Hawaii Island, Kauai, Maui, and Oahu. For locations and meeting times, call 591-2771, ext. 8236; email Lyn Moku at mamoku@alz.org; or visit [alz.org/hawaii](http://alz.org/hawaii).

**Bariatric Support Group:** June 13, 5–6 p.m. Pali Momi Medical Center. Information and guidance for those who have had or are considering bariatric surgery. 485-4173.

**Big Island Ostomy Group:** June 16, 11:30 a.m. Hilo Medical Center. Open to ostomates, pre-ostomy patients, caregivers, medical professionals, and the public. 339-7640.

**Car Seat Checks:** Kapiolani Medical Center. Get your baby or child's car seat checked by a trained child passenger safety technician. Call to schedule an appointment. 527-2588.

**COPD Support Group:** June 12, 10 a.m.–noon. Pali Momi Women's Center at Pearlridge. Get support and information on medication, breathing techniques, exercise, and more. To register, call Valerie Chang at 699-9839; email [valerie@hawaiicopd.org](mailto:valerie@hawaiicopd.org); or visit [hawaiicopd.org](http://hawaiicopd.org).

**COPD Support Group Hilo:** June 18, 4:30–5:30 p.m. Hilo Medical Center. For chronic obstructive pulmonary disease patients and their caregivers. Free.

**Farmers Market at HMSA:** Every Friday, 11 a.m.–2 p.m. HMSA Center @ Honolulu. Fresh island-grown produce and ready-to-eat local food. For information on vendors, call HMSA at 948-6521.

**Hawaii Prostate Cancer Support Group:** This free support group provides men and their families on Hawaii Island and Oahu with information, materials, and support to help them make informed decisions about prostate cancer treatment. For locations and meeting times, go to [hawaii prostate cancer.org](http://hawaii prostate cancer.org) or call 486-9675.

**Health & Education at Queen's:** The Queen's Medical Center, Women's Health Center Classroom.

- Lymphedema/Breast Cancer Clinic: June 7 and 21, 1:30–2:30 p.m. Learn exercises to prevent lymphedema (swelling of the arms). Free. 691-7633.
- Mammogram and Cervical Cancer Screening: Every other Friday, 8 a.m.–noon. Free for women ages 50–64, uninsured or underinsured, or low income. 691-7726.

**Kardiac Kids Support Group:** June 8, 6:30–9 p.m. Kapiolani Medical Center. Education, encouragement, and support for families with children who have congenital heart defects. Jullie Passos, 227-4558.

**Mommy & Me Hui:** June 3 and 15, 11:15 a.m.–12:30 p.m. Adventist Health Castle. Learn about breastfeeding and connect with new mothers. 263-5400.

**Rat Lungworm Disease Support Group:** June 13, 4–5 p.m. Keaau Community Center. To gather and support survivors of rat lungworm and their caregivers. People who suspect they had the disease are also welcome to attend. Free. 932-3160.

**Stroke Support Group:** June 12, 4–5 p.m. Hilo Medical Center. A forum for stroke survivors and their caregivers, family members, and friends. Amy Shipley, 932-3049 or [ashipley@hpsc.org](mailto:ashipley@hpsc.org).

**Support Group for Cancer Patients:** June 28, 2–4 p.m. North Hawaii Community Hospital. A support group for cancer patients and their families and caregivers. 881-4417.

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**Walk Around the Block with a Doc:** June 16, 8:30 a.m., Wilcox Medical Center, Lihue. Walk around the campus with a doctor and other walkers, then enjoy a healthy breakfast and talk about a health topic. Free. Registration required. 245-1198.

**Walk with a Doc Oahu:** Every Saturday, 8 a.m. Patsy T. Mink Central Oahu Regional Park. Walk includes a brief warm-up/stretch and a health tip from a community doctor. New participants are asked to arrive by 7:45 a.m. [walkwithadoc.org](http://walkwithadoc.org).

**Walk with a Doc on Hawaii Island:** Every Sunday, 8 a.m. Liliuokalani Gardens, Hilo. Walk includes a brief warm-up/stretch and an informative talk from a community physician or medical student. Meets rain or shine. [wwadbigisland.org](http://wwadbigisland.org).

**Wilcox Health Kids Summer Fest:** June 6, 9:30 a.m. –12:30 p.m. Kauai Marriott Resort. Enjoy interactive health and wellness activities, giveaways, healthy snacks, sports physicals, and information that can help keiki and their families live healthy and active lives. 245-1198 or [wilcoxhealth.org](http://wilcoxhealth.org).